

LENORMAND 101

A BEGINNER'S GUIDE

WWW.TAROTWISDOM.COM.AU



Contents

1. What is Lenormand?
2. Card Meanings
3. About Natasha
4. The 5-Card Lenormand Spread
5. The 9-Card Tableau
6. The Grand Tableau

What is Lenormand?

Lenormand is another form of cartomancy that has gained popularity in recent years. Although Tarot and Lenormand are both forms of divination, the two are quite different.

While a Tarot deck consists of 78 cards, Lenormand is a smaller-sized deck of 36 cards. The images on a Lenormand deck are literal and straightforward. The Clover represents luck; the Man is a male; the Woman is a female; the Dog is a loyal friend; the Key is a "yes" card and denotes success.

Rather than laying out a spread where the positions have a significance, Lenormand cards are read in combinations or as a sequence. A significator is chosen according to the question asked. The reader then interprets the key card depending on the cards that fall on either side of the "charged" card.

Typical spreads are a 5-card spread, 9-card Tableau or a 36-card Grand Tableau which uses the entire deck. The Lenormand cards are read in pairs, with the one describing the other. And, there are no reversals in Lenormand, making it easy to interpret the cards.

Lenormand cards assist in predicting timing or focusing on a specific topic such as money, health, the home, travel or romance. While Tarot can be quite vague, Lenormand are precise with the meanings fixed.

You still need to use your intuition in reading card combinations, however, getting an answer to a question is far easier using Lenormand.

Cards such as the Sun, Stars, Key, Heart, Clover, Bouquet, Ring, Stork, Dog and Moon are positive cards. Cross, Coffin, Snake, Mountain and Mice are negative. While the others are generally neutral.

1. The Rider

Key Words:

News, a delivery, a new person, visitors, arrival,

Meaning:

Swiftness, speed, optimism

Timing :

Immediately, soon, one day, one week, one month, January

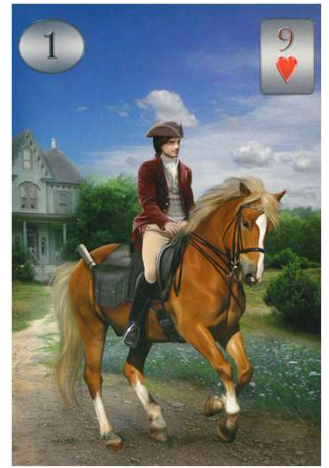
As a person:

Fit, athletic, elegant, good looking, well groomed, interesting, exciting, charismatic man.
Athletic, fit, independent and outgoing woman

Body:

Feet, knees, calf, lower leg.

Aspect: Neutral



2. The Clover

Key Words:

Luck, good fortune

Meaning:

Swiftness, speed, optimism

Timing :

Soon, two days, two weeks, two months, February

As a person:

Fit, athletic, good looking, well groomed, interesting, exciting, charismatic . Opportunist and gold diggers.

Body:

Ethereal body, aura

Aspect: Positive



3. The Ship

Key Words:

Travel, journey, vehicle, transport, new horizons

Meaning:

Overseas, international, foreign, separation

Timing :

March, 3 days, 3 weeks, 3 months

As a person:

A foreigner, worldly, an immigrant

Body:

Liver, gall bladder

Aspect: Positive - neutral



4. The House

Key Words:

A house, home, real estate, property, family, home business

Meaning:

Home life, domestic

Timing :

April, 4 days, 4 weeks, 4 months

As a person:

Family-orientated, stable, conservative.

Body:

Skeleton, bones

Aspect: Positive - neutral



5. The Tree

Key Words:

Health, life force, past life, spirituality, how you feel about life

Meaning:

Karmic, karma

Timing :

May, 5 days, 5 weeks, 5 months, spring

As a person:

Spiritual, nature-lover, open-minded, healthy, soul mate.

Body:

Mental Health, the brain

Aspect: Neutral



6. The Clouds

Key Words:

Worry, doubt, depression, concerns, mental disorders, bad weather

Meaning:

Unstable, uncertain, confusing, obscure, irritable, external forces

Timing :

June, 6 days, 6 weeks, 6 months

As a person:

Depressed, unpredictable, unstable, complex

Body:

Respiratory system, lungs

Aspect: Neutral - Negative



7. The Snake

Key Words:

Strife, other woman, red-head, trouble, issues, problems, danger

Meaning:

Jealously, envy, not to be trusted, conniving, manipulative, sudden misfortune and setbacks

Timing :

July, 7 days, 7 weeks, 7 months

As a person:

Manipulative, envious, rival, tall, thin, intelligent.

Body:

Digestive system, small and large intestines

Aspect: Negative



8. The Coffin

Key Words:

Death, dead-end, endings, completion, box, blockages

Meaning:

Closure, confined space, past issue, destructive behaviours, misfortune and setbacks

Timing :

August, 8 days, 8 weeks, 8 months

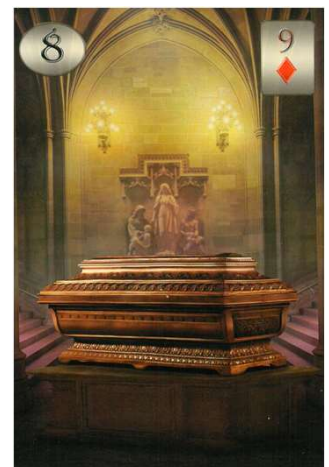
As a person:

Negative, unwell, lethargic, pale skin.

Body:

Intestines, anus, elimination

Aspect: Negative



9. The Bouquet

Key Words:

Flowers, a gift, happiness, beautiful

Meaning:

Beauty, delightful, grace, joy, recovery from illness

Timing :

September, 9 days, 9 weeks, 9 months, Spring

As a person:

Attractive, warm, outgoing, gracious, a woman.

Body:

Face, hair, lips

Aspect: Positive



10. The Scythe

Key Words:

Surgery, sharp instrument, accident, harvest, decisions

Meaning:

swift decision, cutting off, sudden irreversible decision

Timing :

October, 10 days, 10 weeks, 10 months, Autumn

As a person:

Quick, sharp, analytical, surgeon, leaders

Body:

Teeth, mouth

Aspect: Neutral - Negative



11. The Whip

Key Words:

Sex, arguments, sports, physical activities, sexual

Meaning:

Repetitive, abusive, repetitive, co-dependant relationships, violent

Timing :

November, 11 days, 11 weeks, 11 months

As a person:

Athletic, competitive, active; cruel, sexually motivated, critical, drug or alcohol addicts

Body:

Muscles, man issues

Aspect: Negative



12. The Birds

Key Words:

Communication, phone call negotiations, conversation

Meaning:

Gossip, chatty, information, small groups gathering

Timing :

December, 12 days, 12 weeks, 12 months, winter

As a person:

Twins, siblings, chatty, communicative, mediator, friendly, open-minded.

Body:

Throat, vocal cords

Aspect: Neutral



13. The Child

Key Words:

A child, new project, a beginning, pregnancy

Meaning:

Immature, little, small, innocent, irresponsible

Timing :

As a person:

Child, small, innocent, youthful, immature

Body:

Chest, breasts

Aspect: Positive - neutral



14. The Fox

Key Words:

Work, employment, survival

Meaning:

Trickery, dishonest, cunning, clever, street-smart.

Timing :

As a person:

Cunning, flirtatious, red-haired, quick, street-smart, liar, spies

Body:

Nose, the scent

Aspect: Neutral - Negative



15. The Bear

Key Words:

Investments, health issues, guardian, cash flow, government, boss

Meaning:

Powerful, protective, controlling, overbearing, possessive

Timing :

Taurus



As a person:

Parent, grandparent, guardian, protective, financial consultant, millionaire, politician

Body:

Stomach, weight, nutrition, overweight

Aspect: Neutral

16. The Stars

Key Words:

Destiny, fame, vision, inspiration, find direction

Meaning:

Hopes, dreams, aspirations

Timing :

Aquarius



As a person:

Inspirational, role-model, glowing, radiant, role model, mentor, famous, dreamer

Body:

Skin

Aspect: Positive

17. The Storks

Key Words:

Moving house, relocation, birth

Meaning:

Change, improvement

Timing :

As a person:

Tall, thin, elegant, busy, fussy

Body:

Legs

Aspect: Positive



18. The Dog

Key Words:

Friend, old friend, faithful friend

Meaning:

Loyal, honest, dependable

Timing :

As a person:

Honest, trusted, reliable, friend, partner, soul mate.

Body:

Tongue, taste

Aspect: Positive



19. The Tower

Key Words:

Government, corporation, authority, tall building, hospitals, universities, airports, banks, shopping centers, courthouses

Meaning:

Tall, over-bearing, bureaucratic, egotistical

Timing :

Capricorn

As a person:

Tall, corporate, leader, formal, arrogant, official, well-educated, over-bearing, judges. Lawyers, executives, high-rollers

Body:

Spine, upper back

Aspect: Neutral



20. The Garden

Key Words:

Garden, park, social gathering, public event

Meaning:

Outdoors, community, group, club, a gathering of people

Timing :

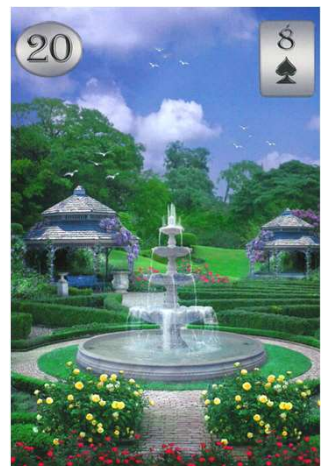
As a person:

Friendly, sociable, friendly community-minded

Body:

Immune system

Aspect: Positive - neutral



21. The Mountain

Key Words:

Mountain, obstacle, delay, mountain range

Meaning:

Obstructive, cold, creating delays

Timing :

Delayed

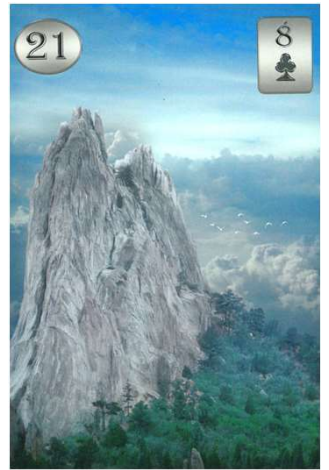
As a person:

Reclusive, isolated, rugged, uncooperative.

Body:

Arteries.

Aspect: Negative



22. The Crossroads

Key Words:

Making a decision, choosing between options, highway

Meaning:

Decisions, choices

Timing :

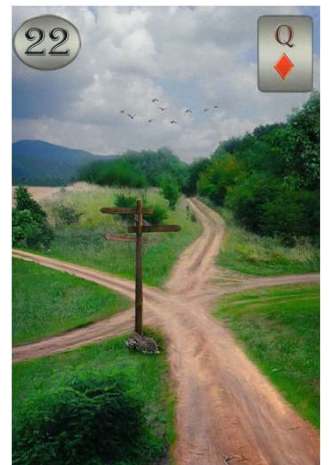
As a person:

Indecisive, diplomatic, alternative, uncertain

Body:

Nervous system

Aspect: Neutral



23. The Mice

Key Words:

Stress, anxiety, theft, being eaten away or destroyed

Meaning:

Destructive, worrying, stressful, depleting energy

Timing :

Quickly, very soon

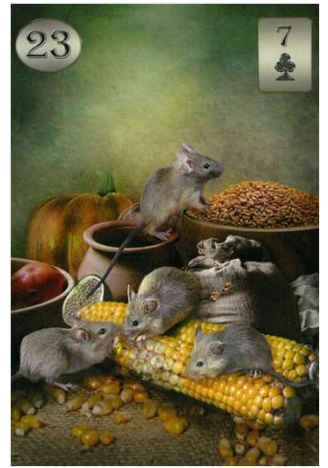
As a person:

Nervous, irritating, messy, destructive

Body:

Heart

Aspect: Negative



22. The Heart

Key Words:

Love, romance, relationship, happiness

Meaning:

Sensual, passionate, generous, compassionate

Timing :

As a person:

Attractive, warm, outgoing, generous, passionate.

Body:

Lymphatic system

Aspect: Positive



25. The Ring

Key Words:

Marriage, commitment, promise of a contract

Meaning:

A cycle, full circle, committed, promised

Timing :

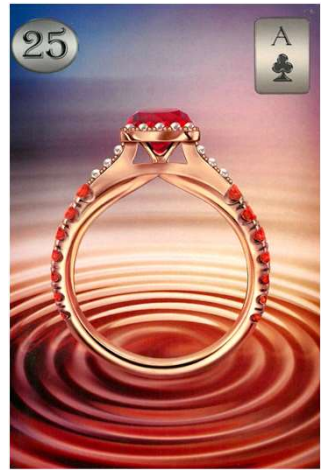
As a person:

Committed, dependable, predictable, contained

Body:

Brain

Aspect: Positive



26. The Book

Key Words:

Education, learning, knowledge, books, records

Meaning:

Hidden, esoteric, provides learning and knowledge

Timing :

As a person:

Intelligent, studious, knowledgeable, reserved.

Body:

Hands, fingers

Aspect: Positive - neutral



27. The Letter

Key Words:

Written communication, email, a letter, documents

Meaning:

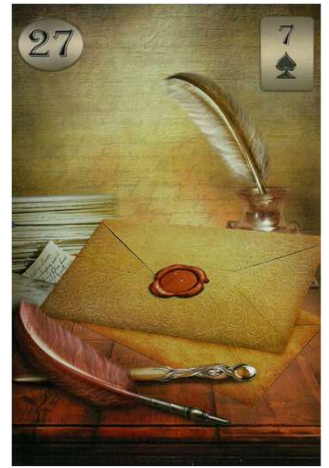
In written form

Timing :

As a person:

Good communicator, qualified, administrative.

Aspect: Neutral



28. The Man

Key Words:

Male

Meaning:

Male

Timing :

As a person:

Masculine

Aspect: Neutral



29. The Woman

Key Words:

Woman, lady

Meaning:

Feminine

Timing :

As a person:

Feminine, female

Aspect: Neutral



30. The Lily

Key Words:

Older person, wise person, peace

Meaning:

Mature, wise, peaceful, serene, harmonious

Timing :

Winter

As a person:

Mature, wise, protective, fatherly.

Body:

Eyes, ears

Aspect: Positive - neutral



31. The Sun

Key Words:

Success, happiness, vitality

Meaning:

Successful, energetic, vital, optimistic, happy

Timing :

Summer, daytime

As a person:

Radiant, positive, attractive, charismatic, happy.

Body:

Body energy, solar plexus

Aspect: Positive



32. The Moon

Key Words:

Fame, emotions, reputation, dreams, creativity, psychic

Meaning:

Intuitive, emotional, romantic, creative, psychic

Timing :

Night-time, soon, within days or weeks, a month

As a person:

Mysterious, romantic, artistic, dreamy, loving

Body:

Female organs, hormonal system

Aspect: Positive



33. The Key

Key Words:

Life purpose, spirituality, solution, the answer

Meaning:

YES card, solution, answer, spiritual, breakthrough

Timing :

As a person:

Positive, striking, soul mate

Body:

Soul, third-eye, psychic centre

Aspect: Positive



34. The Fish

Key Words:

Finances, business, money, entrepreneur, water, ocean

Meaning:

Independent, entrepreneurial, watery, fluid

Timing :

Fast, Pisces

As a person:

Traveller, flexible, entrepreneur, independent

Body:

Kidneys, bladder

Aspect: Positive



35. The Anchor

Key Words:

Security, foundations

Meaning:

Stable, grounded, stuck, fixed, long-lasting, permanent

Timing :

Permanent, long-lasting

As a person:

Confident, faithful, grounded, responsible.

Body:

Hips, Pelvic bone

Aspect: Positive - neutral



36. The Cross

Key Words:

Grief, pain, illness, burdens, responsibility

Meaning:

Suffering, sacrifice, religious, responsible, burdensome

Timing :

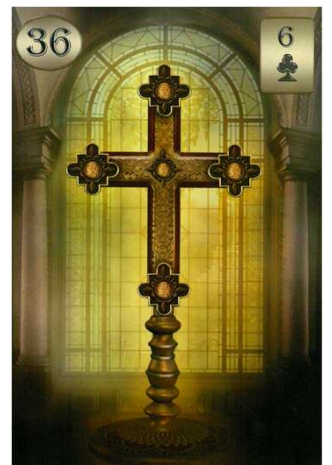
As a person:

Bitter, negative, sad, lonely, guilty, sickly, sad

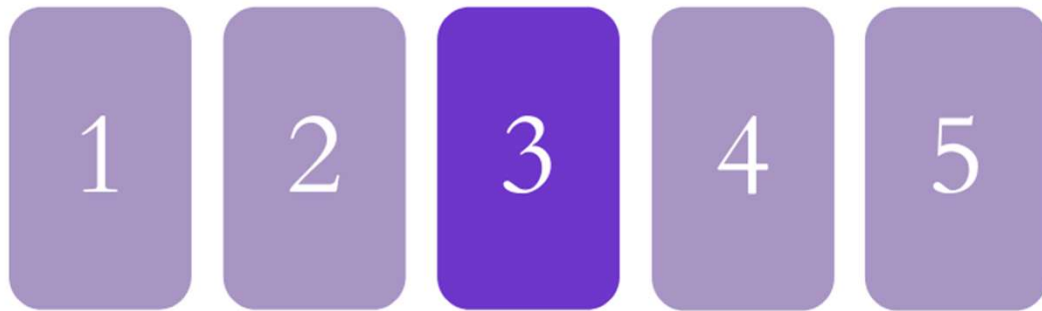
Body:

Lower back

Aspect: Negative



The 5 Card Lenormand Spread



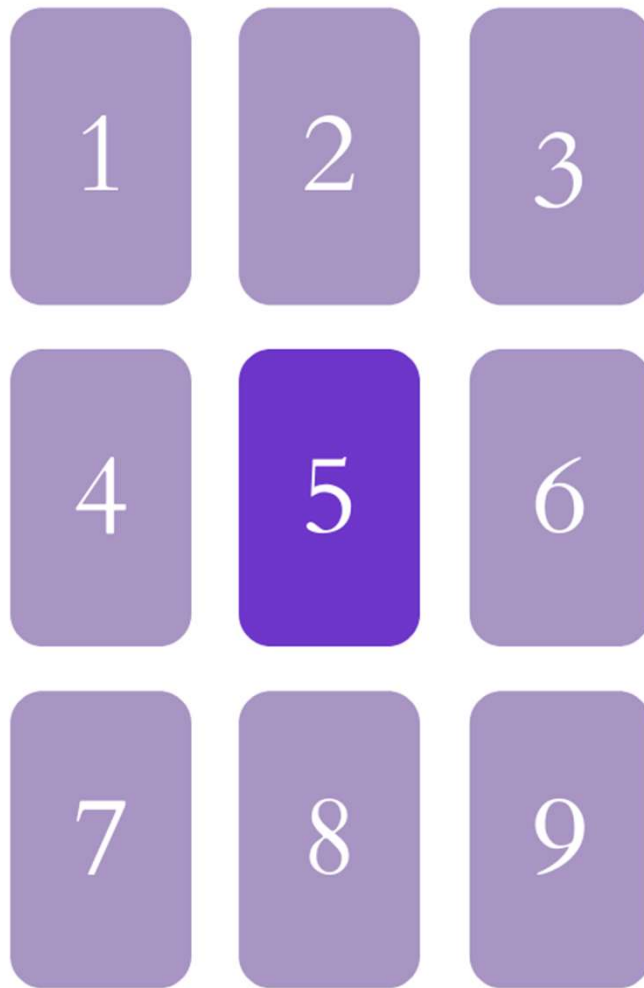
Cards 1 + 2: What has come to past and what is behind us.

Cards 4 + 5: Future, what is before us and awaits us.

Card 3: The Significator, person, client, the core or essence of the situation. Choose this card and place it in the middle.

Read the cards in pairs. Card 1 describes Card 2; Card 2 describes Card 3.
Card 5 describes Card 4; Card 4 describes Card 3.

The 9 Card Tableau



Cards 1,4,7:

What has come to past and what is behind you.

Cards 2,5,8:

The current situation. The Present.

Cards 3,6,9:

Future, what is before us and awaits us.

Card 5: The Significator, person, client, the core or essence of the situation. Choose this card and place it in the middle.

Top Row: Outside of your control.

Middle Row: The movement of the situation.

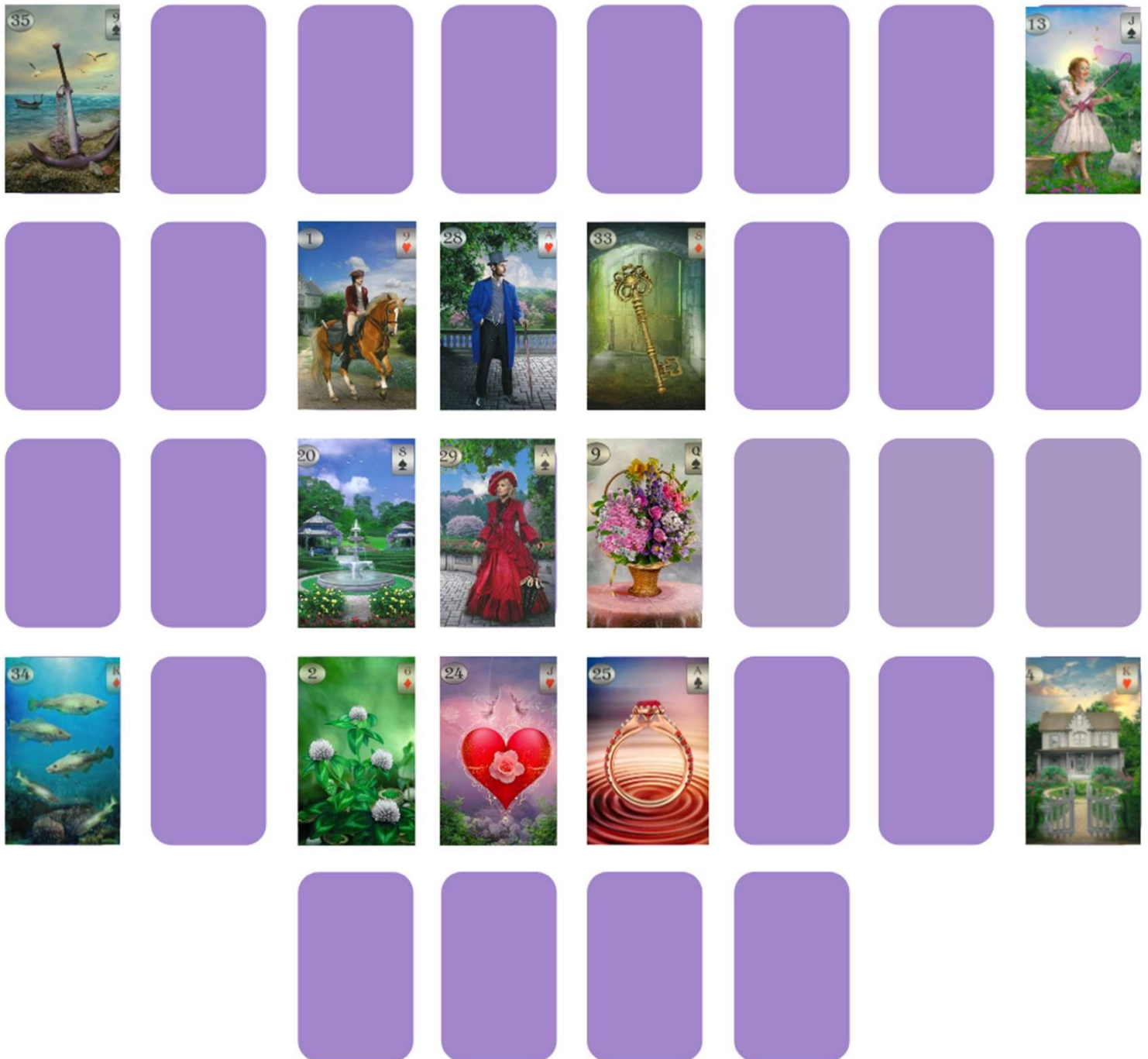
Bottom Row: Within your control.

The Grand Tableau

1 RIDER	2 CLOVER	3 SHIP	4 HOUSE	5 TREE	6 CLOUDS	7 SNAKE	8 COFFIN
9 BOUQUET	10 SCYTHE	11 WHIP	12 BIRDS	13 CHILD	14 FOX	15 BEAR	16 STARS
17 STORKS	18 DOG	19 TOWER	20 GARDEN	21 MOUNTAIN	22 CROSS ROADS	23 MICE	24 HEART
25 RING	26 BOOK	27 LETTER	28 MAN	29 WOMAN	30 LILY	31 SUN	32 MOON
		33 KEY	34 FISH	35 ANCHOR	36 CROSS		

The Grand Tableau layout with the cards in their numerical order, in their respective "house".

The Grand Tableau



To do a Grand Tableau reading. Shuffle the cards and pull cards out one at a time, laying them out in the Grand tableau layout. Start in the top left hand corner and move across to the right. The second row starts underneath the first row, from left to right.

Look for the charged card and interpret the cards around the significator. For example, if you client is a woman, read the cards immediately around her. You can do a 3-card or 5-card reading, or the 9-card spread.

If the client is asking about work, you would find the Fox card and read the cards around the Fox. For money, you could look for the Fish and read the cards around the Fish.

Take note of the keystone or corner cards, as they are more significant.

About Natasha

Hi,

I'm Natasha, and I'm the founder of Tarot Wisdom. Sharing Tarot's incredible wisdom with others or helping them navigate through their issues in life is my soul's purpose.

Nothing gives me more satisfaction than to help others by bringing clarity, hope, healing and inspiration. Tarot is an excellent tool for self-discovery and understanding of ourselves, life, other people and the World around us.

A Tarot Reading should be illuminating, empowering and uplifting. A genuine Tarot reading will never take away your decision-making power, but instead bring clarity, understanding, a sense of empowerment, happiness and peace.

Blessings,

Natasha

